

# Winter/Spring Lap Pool Schedule

January - May 2024  
303.450.8800

Lap Swim	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am	Lap Swim 5am-1pm	Lap Swim 5-8am	Lap Swim 5am-1pm	Lap Swim 5-8am	Lap Swim 5am-5pm	Closed	Closed	
6:00am								
7:00am								
8:00am		Aquafit 8:10-9:10am		Aquafit 8:10-9:10am		Lap Swim 7:30-10am		
9:00am		Lap Swim 9:15am-5pm		Lap Swim 9:15-4:30pm				Swim team Training 8-10am
10:00am						Lap Swim 10am-12:30pm		
11:00am								Swim Lessons 9am-12pm
12:00pm						Lap Swim 12:30-4pm		
1:00pm								
2:00pm								
3:00pm	Closed	Closed	Lap Swim 5am-5pm	Lap Swim 12:30-4pm	Lap Swim 12:30-4pm			
4:00pm								
5:00pm	Lap Swim 4-5pm	Lap Swim 4-5pm		Lap Swim 5-8:30pm 1 lane	Lap Swim 5-8:30pm 1 lane	Lap Swim 5-8:30pm 1 lane	Lap Swim 4-6pm	Lap Swim 4-5:45pm
6:00pm	Swim Team Training 5-8:30pm	Swim Team Training 5-8:30pm		Swim Team Training 5-8:30pm	Swim Team Training 5-8:30pm	Swim Team Training 5-8:30pm		
7:00pm							Closed	Closed
8:00pm	Lap Swim 8:30-9pm 2 lanes	Lap Swim 8:30-9pm 2 lanes		Lap Swim 8:30-9pm 2 lanes	Lap Swim 8:30-9pm 2 lanes	Lap Swim 8:30-9pm 2 lanes		

Pool schedules subject to change. Visit [www.northglenn.org/aquatics](http://www.northglenn.org/aquatics) for the most recent schedules.

Northglenn Recreation Center  
1 E Memorial Pkwy  
Northglenn, CO 80233